

1 inch = 2.54 centimeters
 1 meter = 39.37 inches
 1 mile = 5,280 feet
 1 mile = 1,760 yards
 1 mile = 1.609 kilometers

1 kilometer = 0.62 mile
 1 pound = 16 ounces
 1 pound = 0.454 kilograms
 1 kilogram = 2.2 pounds
 1 ton = 2,000 pounds

1 cup = 8 fluid ounces
 1 pint = 2 cups
 1 quart = 2 pints
 1 gallon = 4 quarts
 1 gallon = 3.785 liters
 1 liter = 0.264 gallons
 1 liter = 1000 cubic centimeters

Triangle	$A = \frac{1}{2}bh$
Parallelogram	$A = bh$
Circle	$A = \pi r^2$
Circle	$C = \pi d$ or $C = 2\pi r$
General Prisms	$V = Bh$
Cylinder	$V = \pi r^2 h$
Sphere	$V = \frac{4}{3}\pi r^3$

Helpful math formulas

Pythagorean Theorem	$a^2 + b^2 = c^2$
Cone	$V = \frac{1}{3}\pi r^2 h$